
This strategy is designed to engage students in thought about an upcoming lesson before the lesson actually begins. This strategy cues students to prepare themselves physically and mentally.

**PREP**

**Prepare materials**
- Get notebook, study guide, pencil, & textbook ready for class
- Mark difficult-to-understand parts of notes, study guide, and textbook

**Review what you know**
- Read notes, study guide, & textbook cues

**Establish positive mind set**
- Tell yourself to learn
- Suppress “put-downs”
- Make a positive statement

**Pinpoint goals**
- Decide what you want to find out
- Note participation goals